

Reader Reflections

Prompt 1

Why do you think chronic pain would disproportionately affect women, and why are so many chronic conditions related to women or femmes have no cause or no cure?



Prompt 2

How do you know when a racialized person is in distress versus being unagreeable, impolite, or “difficult” as a patient?

What have you done to attune and attend to your patients emotional needs while also being aware of the power you hold and the history of Western medicine’s racism towards racialized people?



Prompt 3

Have you ever thought people with chronic pain were “over exaggerating” or doing it for “attention”?

Why do you think you came to that conclusion?

Prompt 5

Has working with someone with chronic pain ever made you feel hopeless because there was not a clear answer on how to diagnose and treat your patient?

Did that hopelessness and personal frustration transfer onto your experience with the patient and the care you delivered?
